

E-MAGAZINE!

An interactive monthly magazine for literacy students and practitioners
published by Laubach Literacy Ontario

**Each One
Teach One**

HOLIDAY GIFT
GIVING TIPS

Deciphering Dyslexia

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Claus' cookie recipes!

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Issue 3

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Laubach Literacy Ontario supports its member agencies in the achievement of higher levels of literacy throughout the province.

our cover model

If you or
someone you
know would
like to be our
cover model
let us know!

We would like to feature a student or practitioner on the cover of future E-Magazines! If you are interested in being on our cover, email us your name, council, email address and phone number.

Email to:
ritchieg@execulink.com

Please note: Each article indicates the audience focus in brackets. GF refers to the Gunning Fog Index for that article. The Gunning Fog Index value does NOT equate to Ontario curriculum grade levels or LBS levels. This information is meant as a guideline only. Texts designed for a wide audience generally require a fog index of less than 12.

Some typical Gunning Fog Indices are:

- Newsweek: 10
- Readers Digest: 9
- Comic Books: 6

Please see LLO's website for more information about the gunning fog index.

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Editor's Spot

In England, they distinguish between the 'he holly' and the 'she holly', based on the type of leaf. The 'he holly' has prickly leaves and the 'she holly' has smooth leaves. Many people believe that holly helps drive away evil spirits.



Christmas is quickly approaching!

This month focuses on preparing for the holiday season. Start you baking, plan some "eco-friendly" wrapping and think about the perfect gifts to give.
We hope you enjoy!

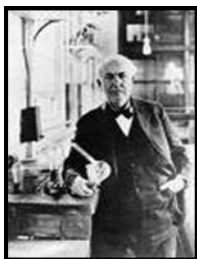
Deciphering Dyslexia

Dyslexia is a learning disability that most commonly creates difficulty with written language, particularly with reading and spelling. The Dyslexia Association of Canada defines dyslexia as “a difficulty with the alphabet, reading, writing, and spelling in spite of normal or above normal intelligence, conventional teaching methods and adequate socio-cultural opportunities”.

Dyslexia is thought to represent 80-90% of all learning disabilities and affects as much as 20% of the total population. There is evidence that dyslexia is hereditary. There is no “cure” for dyslexia but the challenges that dyslexics have with language can be mitigated with interventions and strategies. Dyslexics may present with many different characteristics. Click here to see a list of characteristics:

<http://www.dyslexiaassociation.ca/english/characteristics.shtml>

Many famous and successful people are also dyslexics:



Thomas Edison



Walt Disney

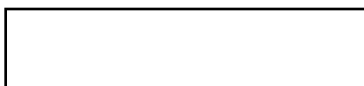


George Burns

Look for more information on dyslexia
in future editions of E-Magazine.



Click on the box to have
the article read to you:



Click here to watch the
“Deciphering Dyslexia”
video
produced by the
Knowledge Network

COOKIES!

Start your Christmas baking now with these cookie recipes from Mrs. Claus' kitchen. Just click on the name of the cookie to find a simple recipe! To see the complete list of recipes in alphabetical order from Mrs. Claus' kitchen click on the word ["COOKIES"](#).

Holiday Gift Giving Tip!
Baked goods make a great personal gift. Placed in a re-useable container, you are also giving a gift to the environment.

[Click here for tips on shipping cookies.](#)

1-2-3 Cookies

Almond Crescent Shortbread

Best Chocolate Chip Cookies in the World

Christmas Mice Cookies

Date Nut Balls

Emily Dickinson's Gingerbread Cookie Recipe

Forgotten Cookies

Ginger Cookies

Ho-Ho Bars

Ice Box Cookies

Jubilee Jumbles

Kiefler (cream cheese cookies with jam filling)

Lemon Angel Bar Cookies

Mincemeat Cookies

Norwegian Sugar Cookies

Nut Balls

Oatmeal Coconut Crisps

Parking Lot Cookies

Queen Biscuits

Rich Lemon Bars

Santa Claus Cookie Pops

Taralle (Italian Cookies)

Ultimate Chocolate Chip Cookies

Walnut Butter Cookies

Yummy Yummy Peanut Butter Blossoms



Click here for Mrs. Claus' fudge and candy recipes



Click here for Mrs. Claus' cake recipes



Click here for Mrs. Claus' bread recipes

Essential Skills Indicator Tools Now Online!

"The Essential Skills Indicator is a pilot tool that will help you gain a better understanding of your Essential Skills levels. It contains a series of short quizzes that will provide an indication of your skill strengths and areas that may require improvement. This information can help guide your future training and career planning."

http://srv108.services.qc.ca/english/general/news_new_profiles.shtml

Currently you can access quizzes for Numeracy Levels 1-3 and Document Use Levels 1-3. Once you have completed a quiz you receive a summary of the results including an explanation of the correct answer. The quizzes are not timed and contain different numbers of questions depending on the Essential Skill and level.

Navigating the NET one site at a time



Visit the **North Pole** today!

Although this site was designed for children it is fun for adults too! It has recipes, stories to read or have read to you, games and more. This is a great site for the adult learner to explore with a child.



Efficient Gift Giving Tip!

Look for the Energy Star symbol on appliances and gadgets! You will save money and the environment with energy start purchases. For more information click on the Energy Star symbol.

Daily Horoscope

[Click here](#) or on the picture below to find your daily horoscope from Eugenia Last! Once you get to the site, you must click on your zodiac sign. A new horoscope is posted every day.



Wheel of the zodiac: 6th century mosaic pavement incorporating Greek-Byzantine elements from a synagogue, Beit Alpha, Israel
Source : Wikipedia



The Flu

Influenza or the flu is a serious, respiratory illness that is caused by a virus. It can be spread by droplets in the air and by contact with surfaces that have been

contaminated with the virus. It doesn't matter how old you are, you can still get the flu! It will usually last for two to seven days. Some people get very sick and need to be hospitalized.

You may have the flu if you have any of the following symptoms:

- a fever
- chills
- a cough
- runny eyes
- stuffy nose
- sore throat
- headache
- muscle aches

Health Watch!

For more information on flu shots click here:
<http://www.gettheflushot.ca/>

Sometimes children may also have earaches, nausea, vomiting and/or diarrhea. Talk to your doctor about getting a flu shot.

Towards an Effective Adult Learning System: Report on a Series of Regional Roundtables

This report written by Ron Saunders and released on November 15, 2007 by Canadian Policy Research Networks (CPRN) indicates that adult Canadians need to have more learning opportunities to improve their skills. The report is based on roundtable discussions held in Halifax, Toronto, Montreal and Calgary. Participants included people from business, labour, government, educational institutions, and others involved in adult learning. The report contains "recommendations for a more coherent, accessible and effective system".

It follows up on a 2006 CPRN report, Too Many Left Behind: Canada's Adult Education and Training System, which found that access to learning opportunities in Canada is generally poor for less-educated adults in Canada. (Source: <http://www.cprn.org/doc.cfm?doc=1792&l=en>)

Click on the picture to download the full report:



BUYING VERSUS RENTING A HOME

Deciding on whether to rent or buy your next home can be a difficult and confusing decision. It takes a lot of consideration and there is no one right answer that applies to everyone. For everybody, the right choice is different and depends on two factors.

The first most obvious and important factor is money. You can't make the jump to ownership until you are financially ready. Monthly mortgage payments tend to be higher than rent. Costs such as property taxes, repairs and maintenance, insurance and utilities have to be added on to that. To find out if you can afford homeownership, estimate what your monthly mortgage would be, and add these additional costs. If they are more than 40% of your gross monthly income, ownership probably isn't financially feasible. Remember that you still have to pay for food, clothing, transportation and other living expenses.

If you have your heart set on ownership, plan ahead. Add up the amount of your predicted mortgage and additional costs and compare it to your current rent payments. If it's more, begin to save that monthly difference in a separate savings account. Not only are you now saving up for future down payments, furnishings or renovations, you are also experiencing what it's like to be living with homeownership costs. If after six months it feels comfortable, you can begin shopping the real estate market.

You should also examine your personal life and how homeownership would fit with your lifestyle. If you want to feel a stronger sense of belonging in a community, are willing and able to repair and maintain your home and feel your own home would be a better environment for your family, owning a home might suit you.

If you are planning to embark on a new career or want the option of moving to a different neighbourhood, city or even country, it is probably best that you continue to rent.



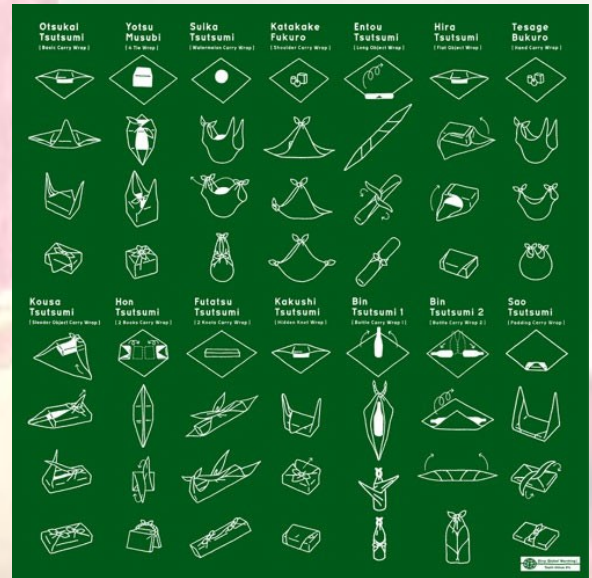
For more information on renting and buying, and on how to calculate mortgage and rental costs, visit <https://www.vancity.com/MyMoney/PlanningandAdvice/BuyingOrSellingYourHome/>



Click on the box to have the article read to you:

Eight “Eco-Friendly” Gift Wrap Ideas

1. Save your newspapers to use as eco-friendly wrapping for Christmas. Dress up the black and white with some red ribbon. If you are really ambitious, you can try dyeing the paper with food colouring.
2. Shred old newspapers with your office paper shredder to use as packing material.
3. Instead of expensive wrapping paper, use less expensive plain brown kraft paper with fancy ribbons and bows. Brown kraft paper is usually sold at the local dollar store and is generally more durable and less expensive than wrapping paper.
4. Have your groceries packed in paper bags and reuse the bags as inexpensive recycled wrapping paper.
5. If you have old costume jewelry you no longer wear attach some silk ribbon to it and use it for a decorative tassel.
6. Use the tape inside of old VHS tapes you no longer use as shiny ribbon. You can make it curly just like the traditional ribbon by running the tape along the blade of sharp scissors.
7. Make your own gift boxes from used cereal boxes.
Learn how here: http://www.eco-artware.com/crafts/crafts_11_02.php
8. Try the ancient art of “Japanese Furoshiki”. Cloth is folded in various ways to wrap gifts and can be used over and over.



Japanese Furoshiki: Click on the chart to access a larger version that is a downloadable PDF file.

Green Gift Giving Tip!



Share the gift of cleaner air by giving a houseplant to someone this holiday season.



Click on the box to have this article read to you:

